

# The Actual Application Meeting of Cocaine Anonymous

Welcome to the Actual Application meeting of Cocaine Anonymous. My name is (\_\_\_\_\_) and I am an addict.

Would you please join me in a moment of silence followed by the Serenity Prayer?

Are there any other addicts present? Welcome! Not to embarrass you, but so that we could get to know you better, will those of you in your first 30 days please let us know who you are? Would you please state your name and you disease? If you are visiting from out of town or new to the area please introduce yourself.

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

We use the Twelves Steps of recovery because it has already been proven that the Twelve-Step recovery program works.

It is a custom in Cocaine Anonymous to read Chapter 5 *How it Works* from the big book of Alcoholics Anonymous on P. 58.

The Twelve Traditions are to the group what the Twelve Steps are to the individual. I've asked (\_\_\_\_\_) to read for us. Please remain quietly seated while we pass the basket.

On Page 15 par 3 of "Twelve Steps and Twelve Traditions" it states, "A.A.'s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer to be happily and usefully whole.



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We define for the purpose of this meeting that a principle is a fundamental truth. A principle is something that was true 1,000 years ago, and will still be true 1,000 years from now.

Our format is a Question and Answer Format.

Someone shares about whatever is going on or asks a question.

We examine a situation or a question, and we look for the principles found in the print that will help us find solutions. Anyone can participate and reference pages and paragraphs that offer solutions.

It is important we stay focused on reading the paragraphs, and discussing the principles found in those paragraphs, and how they apply to the situation or question.

We do not offer advice or opinions.

We do not share our “general experience”

Only experience based on the principles found in the print.

This is how we get the “actual application” of the steps in our daily lives. That is the main purpose of this meeting.

We will also have a timer who will let us know when we have reached 5 minutes on a question. This is to allow time for more questions.

Who would like to start?

***[10 minutes before the end]***

Our time is up! If you have any questions that went unanswered, or if you feel the need to share, please introduce yourself to someone at the meeting and exchange phone numbers. We are all here to help.

Can I get a GSR Report?

CA Related Announcements.

I would like to close by having (\_\_\_\_\_) read The Promises.



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Then after a 3 minute silent meditation lead us out with the prayer of your choice.



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